

## Assessment & Appraisal - Reopening Tregib Sports Facilities, Llandeilo

The re-opening of sporting activities presents a series of issues to Tregib Sports Facilities Ltd (TSF). Welsh Government (WG) has provided a range of guidance including:

- limiting participants to a maximum of 30.
- ensuring that people maintain a two metre distance where possible and
- taking other measures to avoid close interaction; this includes screens, face coverings and improving hygiene.

TSF current offer is

- Astro Turf
- Football and Rugby Pitches
- Sports Hall – used by a number of sports ranging from Netball, 5 side football
- Gym – used by Gymnastics Club and Parkour operated by My E-motion

### General Principles:

#### Covid Symptoms

Participants are reminded that if they have a temperature or don't feel well, or if anyone in their household has covid like symptoms, please **DO NOT** visit the facilities.

#### One way systems

TSF has decided to set up a one-way system around the site. Detailed information and maps are attached. There is also a video in our FaceBook page.

#### Hygiene and Hand Sanitisers

A number of Hand Sanitiser stations have been set up around the facility – please ensure these are used as and when appropriate

#### Signage

A number of instruction signs regarding covid, hygiene, one-way systems and areas that are out of bounds have been installed around the site.

#### Changing Rooms

These are currently not in use and should not be used by any group using the facility

#### Toilets

While our toilets are currently for urgent use only please encourage people to use the toilet before leaving home. If the toilet is to be used, hand sanitise before and after use and thoroughly wash hands

#### Cleaning

Clubs and groups will be responsible for cleaning high touch areas at the beginning of their sessions

## **Additional Principles (September 2020)**

### **Face Masks**

In line with advice given to schools by Carmarthenshire County Council, we are recommending that Face Masks are worn in communal areas, so in the reception area and the internal corridors.

### **Staggered Start Times**

To reduce interactions between groups we will introduce staggered start/finish times where appropriate. This may affect your booking slot, so please contact us to discuss timings of your sessions. Unfortunately it may mean that we will have to lose a few of our slots to accommodate these staggered timings.

## **Detailed information**

The one way system starts from the car park with arrows stencilled on the tarmac directing to either the Astro Turf or the Sports Main Entrance and hence to Sports Hall, Toilets and Gym.

A] Follow the markers to the Astro Turf, try to maintain social distancing 2 metres apart.

There will be a hand sanitiser station at the main entrance to the Astro Turf – please use it and signs will remind users.

The organisers must supervise the games and they must comply with WG guidelines, and those of the sport controlling body i.e. FAW We are recommending you exit the Astro turf by the smaller gate and then follow the markers back to the car park.

B] Those wishing to use the Sports Hall, Gym, Toilets please follow the markers in to the building. There will be sanitiser stations outside the Sports Hall, Gym and Toilets. The changing facilities are not in use. Signage will be in evidence, recommending usage of the sanitisers and advise 2 metres social distancing.

TSF will now insist that all groups book a session and it will be the group/club's responsibility to ensure that adequate preparation is made and that all participants are aware of the Covid19 precautions and individual responsibilities. All clubs and groups should undertake a Risk Assessment and share that with TSF, these will be accessible to all via the website

TSF is recommending that organisers arrive 10 minutes before the start of the session to wipe down surface i.e. door handles and to set up their equipment. Whilst TSF will arrange that there is sufficient time between appointments but if there is an overlap, the group using the hall should leave by the rear exit and follow the path back to the exit using the arrows & signage.

A group arriving earlier and finding a group using the sports hall / gym should wait but must then undertake the cleaning exercise.

TSF requests that clubs, groups provide their own disinfect wipes and sanitizers, and update their First Aid Kit's to make them Covid 19 compliant.

TSF will removing the majority of seats in the entrance foyer and the Gym, people will not be encouraged to wait on the facilities. Some areas will be out of bounds and locked. The Equipment in the Gym will be the responsibly of KBAM and the Gymnastics Group (both are the principal users of that facility) and they will need to make sure that before and after each session, that an adequate cleansing routine is maintained.

TSF will install by each toilet block hand sanitisers together with limiting users to just one person at a time. Usage of the Toilets will be on a one in one out basis and again hand washing with soap and water is strongly recommended. The showers and changing room facilities are out of bounds until further notice.

TSF will asking all clubs and groups to undertake a RAG rated Risk assessment and to ensure that they fully comply with their own sporting bodies requirements.

### **Timescales**

We envisage being able to start taking bookings for our outside facilities from Monday 10<sup>th</sup> August and for our indoor facilities from Monday 7<sup>th</sup> September. These dates are provisional and may change as circumstances dictate.

Our motto for reopening:



**Tregib Sports Facilities Ltd.**

[www.tregibsportsfacilities.co.uk](http://www.tregibsportsfacilities.co.uk)

[www.facebook.com/tregibsportsfacilities](https://www.facebook.com/tregibsportsfacilities)

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### Proposed One Way System at Tregib Sports Facilities

